Training Course on Combination of Acupuncture and Moxibustion with Rehabilitation for Developing Countries

Project Description

Full Name	Training Course on Combination of Acupuncture and Moxibustion with Rehabilitation for Developing Countries				
Organizer	Human Resources Development Center of Shanxi Provincial Health Commission				
Holding Time	1 st November—14 th November,2023		Language	English	
Host Manner	Online		Platform	Shanhaiverse	
Invited Country	Developing Countries		Planned Number of Participants	30	
Objectives of training	1. Cultivate application-oriented talents who have the basic theories of Chinese Traditional medicine, rehabilitation and acupuncture and moxibustion therapy, and can apply knowlege in combination with clinical work to engage in rehabilitation work; 2. Enhance friendship, learn from each other, strengthen exchanges, help the inheritance of traditional Chinese medicine acupuncture and moxibustion and traditional rehabilitation therapy, and work together to build a community of common health for mankind.				
About the Participants	Professional Background	Field or Profession: Medicine Posts: Personnel and medical technicians engaged in medical education, medical treatment and related fields in developing countries and regions Level, education or other qualification: At or under division-head level			
	Age	No higher than the legal retirement age of developing countries.			
	Physical Health	Being healthy and able to attend online training.			
	Language Ability	Fluency in listening, speaking, reading and writing in English			
	Others	Contact the organizer before training starts. Prepare computer, microphone, camera and other related devices. Be familiar with the live meeting applications, test internet.			

1. Introduction to the main training course names and content

This training class will be conducted through a combination of lectures, exchange discussions, cloud teaching and practice.

- (1) Introduction to China's national conditions: Introduce the development history, development concepts, and development initiatives of China;
- (2) China's development path and China's medical and health development: mainly introduce China's the Belt and Road development initiative, build a human health community, and use examples and data to describe in detail the benefits of China's medical and health work development;

(3) Traditional Chinese Medicine Theories:

- Basic characteristics of traditional Chinese medicine and yin-yang theory: explain the
 basic framework of traditional Chinese medicine theory, basic concepts and contents
 of yin-yang theory, and understand the application of yin-yang theory in Traditional
 Chinese medicine;
- The Five Elements Theory: Introduce the concept of the Five Elements Theory, explain the characteristics of the Five Elements, and summarize the Five Elements of things and organs;
- Zang Xiang Theory: Introduction to Zang Xiang Theory, Introduction to the Five Zang Organs, Six Fu Organs, and the Relationship between Zang Fu Organs;

• Introduction to Meridians: Explain the concept of meridians, the naming and composition of meridians, and provide a detailed introduction to the twelve meridians, eight extraordinary meridians, fifteen meridians, and twelve meridian categories;

• General Introduction to Acupoints: Introduce the concept, development, classification and naming of acupoints, as well as the therapeutic effects of acupoints;

(4) Traditional Chinese Medicine Diagnosis and Treatment Methods:

- Acupuncture and moxibustion therapy: Introduce different types of moxibustion
 methods and their indications; The specifications and functions of different needles,
 the selection of body positions, the needling techniques of different needles used for
 different diseases, the positioning of acupoints, and precautions;
- Traditional Chinese Medicine Rehabilitation: Introduce the development of traditional
 Chinese rehabilitation therapy, the theoretical basis and advantages of traditional
 Chinese medicine rehabilitation, the differences and integration of traditional Chinese
 and Western medicine rehabilitation studies, as well as the integrated rehabilitation
 treatment and measures of traditional Chinese and Western medicine;
- Integrated Traditional Chinese and Western Medicine Therapy: Introduce the overview of integrated traditional Chinese and Western medicine therapy, the principles, principles, and advantages of integrated traditional Chinese and Western medicine therapy;

Training content

2. Introduction of the lecturers

- (1) Zhou Honggui: Foreign Affairs Office of People's Government of Shanxi Province, Director;
- (2) Wang Haijun: Professor and teacher of acupuncture and massage department of Shanxi University of Chinese medicine;
- (3) Cheng Yanting: Associate Professor and teacher of acupuncture and massage department of Shanxi University of Chinese medicine;
- (4) Hao Riwen: Teacher of acupuncture and massage department of Shanxi University of Chinese medicine;
- (5) Wang Rong: Associate Professor and teacher of acupuncture and massage department of Shanxi University of Chinese medicine;
- (6) Zhao Lixin: Director and professor of Acupuncture Department of Shanxi traditional Chinese medical hospital;

3. Exchange and Discussion

During the training, professors and lecturers from Shanxi University of Traditional Chinese Medicine will be arranged to exchange views and discussion with participants on the application of integrated traditional and western medicine in rehabilitation treatment and the latest rehabilitation concepts and technologies.

4. Could Practice of Shanxi Provincial Hospital of Traditional Chinese Medicine and acupuncture and moxibustion Hospital:

- (1) Acupuncture and moxibustion Department of acupuncture and moxibustion Hospital of Shanxi Province: understand and observe the actual operation of acupuncture and moxibustion in the treatment of diseases, and understand the unique diagnosis and treatment techniques of the hospital, such as new nine needles and scalp acupuncture;
- (2) Moxibustion treatment of acupuncture and moxibustion Hospital of Shanxi Province: visit and learn about the fire dragon medicated moxibustion and its operating methods in the hospital;
- (3) Rehabilitation Department of acupuncture and moxibustion Hospital of Shanxi Province: visit the ward and the rehabilitation hall to learn about the curative effect of different diseases treated with integrated traditional and western medicine and the actual application;
- (4) Shanxi Provincial Traditional Chinese Medicine Hospital Tuina Department: Introduce the advantages of massage for different diseases, observe the massage techniques used for different diseases, and especially introduce pediatric massage techniques;

5. Materials that participants need to prepare

- (1) Self introduction of the unit and work field;
- (2) The application of acupuncture and moxibustion therapy and traditional rehabilitation therapy in developing countries and the problems in clinical work.

Host City	Taiyuan City, Shanxi Province	City to Visit (Cloud)	Taiyuan City, Shanxi Province		
	1. The online training was conducted by the Shanhai verse. The participants contact the organizer 5 working days before the training starts, and test the software and network environment ahead of schedule.				
Notes	2. During the training, be in line with the class time and discipline, and the attendance record will be used as one of the important references for issuing the certificate.				
	3. Preparation before class: enter meeting 15 minutes in advance to prepare for class. Change name into <i>English name+country</i> .				
	4. Discipline requirements: in the process of project implementation, please strictly abide by the training schedule.				
	5. According to the training schedule, participants will be organized to communicate and exchange around the training. Please prepare materials and submit relevant materials as required. Participants who have completed all the courses and submitted 2 evaluation forms and study report before the specified time will be awarded the certificate of completion of the course.				
	6. The course is equipped with online English interpretation.				
About the Organizer	Human Resources Development Center of Shanxi Provincial Health Commission mainly undertakes the Chinese government's foreign aid human resources training projects, short-term overseas visits and academic exchanges for provincial managers, experts and scholars; undertakes the technical work of vocational skill appraisal, health professional examination and professional title evaluation; undertakes the research and consultation of health human resources development and human resources socialization service in Shanxi Province, and puts forward relevant policy suggestions; carries out continuing education for health professionals and strengthens foreign language training.				
	As an important window for foreign exchanges in the field of medical and health care in Shanxi Province, by the end of 2022, the center has successfully completed 101 training courses since it undertook the first foreign aid training in 1998, covering acupuncture and massage, medical care, medical equipment maintenance, treatment on rheumatic diseases by integrated Traditional Chinese Medicine and western medicine, midwives, general practitioners, rural medical and health care, medical and health management, public health management and disease prevention and control, hospital management, training on health project design evaluation and management, etc. Training languages include English, French and Portuguese. Nearly 2800 medical professionals and managers from 121 developing countries including Africa, Latin America, Europe and Asia Pacific region were trained, which is highly praised by the trainees and widely recognized by their contributing countries.				

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